

# news @ the heights

## Peakhurst South Public School



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'Strive to Excel' in an inclusive and caring learning environment

14 MARCH 2019

TERM 1

WEEK 7

**THOUGHT FOR THE WEEK:** "We all have the capacity to be a superhero. In order to become one, you just have to find your unique power or ability and exploit it for the greater good. The cape and mask are optional accessories, but a kind heart is essential."

**Robert Clancy**

### Principal's Message

Dear Parents/Carers

#### P&C

This is a reminder that the P&C meetings are for everyone and all members of the community are welcome to attend the P&C meetings. We encourage everyone to come along and find out about important decisions made by the school.

Meetings are held in the School Library the last Wednesday of every month at **7.30pm**. The next meeting will be held on **Wednesday 27 March**.

If you want to get more involved in the school there are plenty of avenues and opportunities. You can help in the Uniform Shop, the Canteen, become a Multiliteracy Tutor or become involved in a fundraising opportunity or attend P&C meetings.

I would like to remind parents/carers that the P&C is led by volunteers who give up a lot of their personal time to support the school.

All money raised through fundraising efforts goes directly back into the school and benefits all students. Decisions made on spending are based on school decision making and supported by the P&C.

#### School Council

Congratulations and Welcome to the two new School Council parent members. They are Natasha Vida (Kendall, Year 5, Audrey and Darcy, Year 2) and Luke Kerr (Anders, Year 3 and Elin Year 2).

I would like to thank Jayne Humphreys and Rebecca Santillana for their contribution to School Council over the past 4 years. Your input and support has been highly valued by both the council and the school. Also thank you to Christine Cole for her work and time on School Council as a teacher representative the past four years.

### CALENDAR DATES

#### WEEK 8

Mon 18 Mar	<b>3.20pm - 4.20pm: Uniform Shop</b> 7.15pm: School Council Meeting
Tue 19 Mar	<b>Nude Food Day</b> Code Camp: Years 3 - 6
Wed 20 Mar	8.45am - 9.15am: } Staff meetings 3.30pm - 4.30pm }
Thur 21 Mar	<b>School Banking</b> Peer Support <b>3.00pm - 4.00pm: Lego Robotics Club</b>
Fri 22 Mar	PSSA Season 1 Round 5 <b>2.35pm: School Assembly K - 6</b>

### UPCOMING DATES

Sat 23 Mar	<b>State Election BBQ - P&amp;C</b>
Tue 26 Mar	Nude Food Day
Wed 27 Mar	<b>7.30pm: P&amp;C Meeting</b>
Mon 1 Apr	NAPLAN Practice Test - Years 3 & 5 <b>3.20pm - 4.20pm: Uniform Shop</b>
2 Apr	Ice Cream Day
2 - 4 Apr	<b>Parent Teacher Meetings</b>
Mon 8 Apr	Cross Country Carnival

Elizabeth Paul will now replace Christine as a teacher representative.

The School Council is made up of the Principal, three teacher representatives, a P&C representative (usually the President) and four parent representatives.

The current School Council is:

- **Parent Representatives:**

Rachel Robinson, Peter McMechan, Luke Kerr, Natasha Vida

- **P&C President:**

Mardi Haworth

- **Staff Representatives:**

Samantha Wells, Sharon Hart, Elizabeth Paul

- **Executive Member (Principal):**

Natasha Eaton

The School Council meet to ratify and formulate school policies and procedures as they arise throughout each year. This includes: Wellbeing and Homework.

### St George Principals Conference

Next Wednesday, Thursday and Friday I will be attending the St George Principals Conference in Wollongong. The theme for the conference is 'Collective Teacher Efficacy.' Creating a Collective Teacher Efficacy is a component of our current 2018-2020 School Plan.

In Week 8 the executive team will attend a two day conference on the same theme. All staff will then be involved in school-based learning on the importance of 'Collective Teacher Efficacy' and how we can build a collective approach to teaching and learning, wellbeing and school policies and procedures.

- On **Wednesday** Christine Cole will be in charge of the school site.
- On **Thursday** Paul Cohen will be in charge of the school site.
- On **Friday** Christine Cole will be in charge of the school site.

The six enabling conditions to building a 'Collective Teacher Efficacy' according to Jenni Donohoo are:

- 1) Advanced Teacher Influence: defined by the degree to which teachers are provided opportunities to participate in important school-wide decisions.
- 2) Goal Consensus: reaching consensus on goals not only increases collective teacher efficacy, it also has a direct impact on student achievement. (Robinson, Hohepa, & Lloyd, 2009)
- 3) Teachers' Knowledge About One Another's Work: Teachers gain confidence in their peers' ability to impact student learning when they have more intimate knowledge about each other's practice.
- 4) Cohesive Staff: Cohesion is defined to which teachers agree with each other on fundamental educational issues.
- 5) Responsiveness of Leadership: Responsive leaders show concern and respect for their staff and protect teachers from issues that detract from their teaching time and focus.
- 6) Effective Systems of Intervention: Effective systems of intervention help in ensuring that all students are successful.

As a school leadership team and staff we are very clear in our student, teacher and school goals. We work together cohesively, continue to build teacher knowledge and ensure teachers remain focused on our core business of teaching and learning.

It is important that we continue to reflect and learn and grow so that we continue to 'strive to excel' at all levels of the school.

### Peaceful Kids

Christine Cole has attended a 4 day workshop called 'Peaceful Kids and Peaceful Parents.' Christine is now a registered trainer in the program and will be leading valuable workshops for staff, parents and students this year.

Part of the change in Term 2 will be whole school mindfulness for 5 minutes each day. This will occur midway through the day and all staff and students will participate.

The 'Peaceful Kids' program is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children from Prep through to Year 12.

This program helps children to build their emotional resilience so they are better equipped to deal with the day to day stresses that life brings them.

There is a reading attached on Mindfulness.

### Congratulations Bruce

I would like to congratulate Bruce Temple our General Assistant on being made a permanent member of the Peakhurst South Public School staff following a Merit Selection process, including a written application, interview and references.



### Natasha Eaton

Ms Natasha Eaton  
Principal

## Friday Assembly

### WEEKLY HOUSE GROUPS TALLY

Term 1 Week 6	Ruby	Topaz	Emerald
Total	35 - 3rd	37 - 2nd	38 - 1st

### CLASS ASSEMBLY AWARD

Term 1 Week 6	KW
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## Peak Award Achievers

### YEAR 3

Xavier P	Base Camp
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### YEAR 5

Talia C	Level 9m
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### SPORT RESULTS – Round 3 Date: 8 March 2019

#### Touch Football

	PSPS	Mortdale
Junior Boys	2	0
Senior Boys	7	0

**Round 4 - 15/3** PSPS v Beverly Hills @ Peakhurst Park

#### Cricket

	PSPS	BYE
Junior Girls		
Senior Girls		

**Round 4 - 15/3** PSPS v Oatley West @ Gannons Park

#### AFL

	PSPS	Beverly Hills
Girls	4.2.26	3.0.18
Boys	7.2.44	2.2.14

**Round 4 - 15/3** PSPS v Narwee @ Olds Park

## National Young Leaders Day

On Monday 11 March the School and Vice Captains went to the International Convention Centre at Darling Harbour to learn how to be more confident and conscientious leaders for our school.

We listened to four different speakers, each one from a different walk of life. The speakers were Tim Diamond from the Cotton On Foundation, Tasmin Janu, an author, Cate Campbell, an Olympic swimmer and Holly Ferling an Australian cricketer.



We all learnt that we should learn from our mistakes and never give up. After this amazing experience, the leaders will use what we have learnt to make Peakhurst South Public School an even better school for students and teachers. We would also like to thank Miss Cole for taking us to the event and Mrs Bowden for organising it.



Christopher S, Lyla BC, Ryleigh E and Riley B  
**Year 6 Leaders**

## OFFICE HOURS

The school office is open  
from 8.45am to 3.45pm.



## Facebook

<https://www.facebook.com/PeakhurstSouthPublicSchool/>

## Instagram

<https://www.instagram.com/peakhurstsouth/?hl=en>

## Twitter

<https://twitter.com/PeakhurstSouth>





## SRC Report

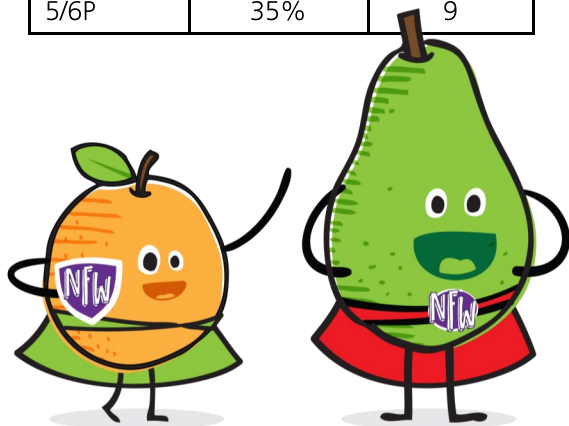
### Nude Food Tuesday

Nude Food Tuesday has started! Every Tuesday students are asked to bring nude food to school. At the end of the term the class with the highest cumulative total will receive a prize.



This week's results:

Class	Week 7	Total
KW	70%	14
KT	<b>88%</b>	16.7
KDS	75%	<b>17</b>
1R	55%	11
1JB	50%	14
1/2M	40%	8
2R	57%	12.9
2B	74%	14.6
3M	38%	10.5
3/4M	57%	13.6
4/5T	57%	9.6
5/6C	57%	10.7
5/6P	35%	9



Congratulations to **KT** who had the highest percentage this week with **88%** of students bringing nude food. **KDS** is still in the lead overall.

## Payments Due

Grade	Event	Payment Amount	Date Due
Yr 3 - 6	Swimming Carnival	\$11.00	<b>OVERDUE</b>
Kinder	School Fees	\$150.00	<b>OVERDUE</b>
Yr 1 & 2	<b>School Fees</b>	<b>\$160.00</b>	<b>OVERDUE</b>
	<b>Textbooks</b>	<b>+ \$13.00</b>	
Yr 3 & 4	School Fees	\$147.50	<b>OVERDUE</b>
	Textbooks	+ \$25.00	
Yr 5 & 6	<b>School Fees</b>	<b>\$136.50</b>	<b>OVERDUE</b>
	<b>Textbooks</b>	<b>+ \$25.00</b>	
Yr 3 - 6	PSSA Sport	\$55.00	<b>OVERDUE</b>
Yr 5 & 6	<b>Canberra &amp; Snow Deposit</b>	<b>\$80.00</b>	<b>12/04/2019</b>

## Information Update

If you change your residential address, phone number, emergency contact, family circumstances, or any special matters that may affect the progress or welfare of your daughter, please inform the school by email or via the CareMonkey App.

## Bus Service Tap On/Off

Transport for NSW has requested all bus companies to remind students to tap on and off when using public transport.

If students do not tap on and tap off services may be cancelled due to the lack of recorded patronage.



# Student Safety



It has been brought to our attention that several parents are not using these zones correctly. For your children's safety can all parents who use these zones familiarise themselves with the following rules. If problems continue to arise we will advise the police and Hurstville City Council who will monitor these zones and issue fines if necessary.

The Kiss and Ride Zones in Pindari Road and Monterra Avenue are for your convenience and for your child's safety.

## Kiss and Ride rules:

- Kiss and Ride zones and 'No Parking' zones operate under the same conditions – may stop to drop off or pick up children for a maximum of 2 minutes
- Driver must remain in or within 3 metres of vehicle
- Zone applies only during hours of operation

**Minimum penalty \$165 and 2 demerit points**

## For the Safety of Children in the Kiss and Ride Zone - Points to Remember

### Drivers do not leave your vehicle

To assist with traffic flow in the Kiss and Ride Zone, drivers should remain in the car whilst children get in and out. To facilitate this, children should travel with bags in the car and not in the boot. If a driver must get out, they **MUST NOT** move more than 3 metres from their vehicle.

### Be timely

If your child does not enter or exit the vehicle within 2 minutes you are required to travel around the block and re-enter the zone at the end of the queue.

### Stay in sequence

Please queue in an orderly manner. Drop/pick-up your child as close as you can to the top of the zone, allowing vehicles following you to enter the designated area.

### Double Parking

Do not double park. This cuts off the flow of traffic through streets and increases the dangers to children in the area.

## Child safety

Please ensure children get in or out of the vehicle on the kerb side. The back seat is the safest seat for children to travel in, regardless of the make of vehicle. Ensure children have their restraints securely fastened before driving off.

## No U Turns

Do not do U-turns in busy school zones. They are dangerous and put children at risk.

## \*\* PARKING \*\*

There are three ongoing concerns with parking around our school.

- 1) The two school car parks are STRICTLY for staff use ONLY. Parents are NOT to use the car parks for any purpose, especially not for dropping off or picking up children.
- 2) The car parks are not for people. DO NOT walk through the car parks. All students and parents are to use the pedestrian gates only.
- 3) Obey the parking signs in the streets and only park legally. Police and council rangers monitor the streets before and after school.

These rules are to ensure the safety of your children. Please help us to keep them safe. Thank you for your co-operation.

## At the end of the day... SCHOOL HOURS AND SUPERVISION

Parents are reminded that if you are on the school grounds after 3.20pm, your children are in your care and there is no formal school supervision. School rules and out of bounds areas still apply.

Therefore **PARENTS SHOULD COLLECT THEIR CHILDREN PROMPTLY** at the end of the day. We ask that you also move away from the blue court as this is used for OOSH (after school care).

If you are running late, a phone call to the office to let us know can prevent tears.

If your child makes their own way home after school, **PLEASE REMIND THEM TO LEAVE THE GROUNDS PROMPTLY AFTER LESSONS FINISH AT 3.20PM.**

Thank you for your co-operation.

Ms N Eaton  
Principal

## Canteen

### Term 1 Weeks 7 & 8

Canteen Roster	
Friday 16/3	CLOSED
Monday 18/3	10.00am: Carol 10.00am: Daryll 11.00am: Jacklyn
Wednesday 20/3	<b>Vacant</b>
Friday 22/3	10.00am: Gina T 11.00am: Jayne H
Monday 25/3	10.00am: Daryll 11.00am: Hoda S
Wednesday 20/3	<b>Vacant</b>
Friday 22/3	10.00am: Sophie P
<b>MON &amp; WED: AD = All Day 9:30am–2:00pm</b> <b>AM = 9:30am–11:45am; PM = 11:15am–2:00pm</b> <b>FRI: AD = All Day 9:20am–12:30pm</b>	

Hello parents, grandparents and carers!

My name is Idy Washbourn and I've got the difficult job of taking over from Jacinta. I just wanted to introduce myself and am looking forward to meeting your children (and hopefully yourselves) sometime over the course of the year.

As you may know the school canteen is run mainly by volunteers, so if you have a spare few hours, please come down and help out. It's fun and your children will enjoy having you part of their school.

Just a little reminder:

- **Mondays - lunch only**
- **Wednesday and Friday** - recess and lunch

Please ensure your child's full name and class is on their lunch order.

I'm also very open to ideas and suggestions so feel free to pop in and say hi when you're at the school.

Idy Washbourn  
**Canteen Supervisor**

## Book Club

The orders from Book Club, Issue 1 were distributed to classrooms at the end of Week 5. We hope everyone is enjoying their books, crafts etc. It's always so exciting to get Book Club.

That brings us to more exciting news for all our eager readers. Issue 2 of Book Club has arrived in our classrooms to take home.

**Orders are due in by Friday 22 March 2019.**

Issue 2 has some fun things to get into. Some new titles include Anh Do's 'Ninja Switch!' (#003), Ella Diaries 'The Super Secret Club' (#004), Beanie Boos Ultimate Collector's Guide (#005), 'Boss Girl' (#022) and more.

Look out for the gold coin books too. They are only \$2 and include titles such as 'Fair Dinkum Aussie Easter' (#101), 'Bad Guys' (#010), 'The Vanishing' (#401) and others.

For this issue, when you place your next order on **LOOP**, you'll get a **FREE** Book Bag valued at \$4.99 that your child can use for their library books and Book Club orders.

For every Book Club order placed, Scholastic gives back 20% of the order to the school to spend on valuable educational resources and books via its Scholastic Rewards program. Enjoy looking through the catalogue.

"Reading gives us some place to go when we have to stay where we are." - Unknown

Bia Limberis & Careena Craven  
**Book Club Co-ordinators**

## Uniform Shop

The Uniform Shop will be open every second Monday afternoon from 3.20pm - 4.20pm.

The next opening days are Monday 18 March and Monday 1 April.

You can also place an order online. The online store is available 24/7 via the myschoolconnect app at:

<http://www.myschoolconnect.com.au/pspsuniform>



All orders will be delivered Friday morning to your child's classroom.

Please send all enquiries by email to:

[stephanie.cook29@det.nsw.edu.au](mailto:stephanie.cook29@det.nsw.edu.au)

Stephanie Cook  
**Uniform Co-ordinator**

# PS: Advertising

*The inclusion of any advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by Peakhurst South Public School.*



## Robogals Science & Engineering Day 2019 SYDNEY

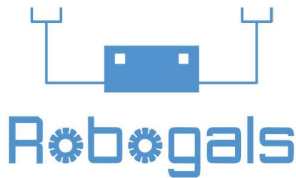


Date: 6th April 2019, Saturday

Time: 1PM - 5PM (Arrive at 12.30pm for 1pm start)

Location: University of New South Wales, Sydney  
High St, Kensington, NSW 2052, Australia

Register here: <http://tinyurl.com/sydney-sed>

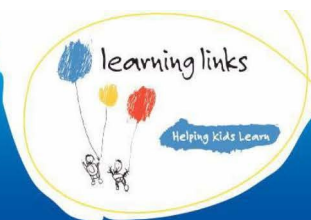


For more info contact the Science  
Challenge Team:  
[scichal@robogals.org](mailto:scichal@robogals.org)



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## SCHOOL HOLIDAY PROGRAM APRIL 2019



### The Zones of Regulation (6-8yrs)

The Zones of Regulation program aims to address challenges in emotional and sensory regulation, and social skills. It is suitable for all children including individuals with a diagnosis of Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADD/ADHD), a diagnosis of a mood disorder as well as individuals without a diagnosis.

Location: Peakhurst, Maroubra, Bella Vista & Liverpool (Check timetable for details)

**\$225**



### Take Action (8-12yrs)

Children are taught a range of strategies via a 6-step ACTION plan. Each letter in the word ACTION stands for a skill children learn. This is a program which provides children with clear, practical skills to manage anxiety and improve their social and life skills. By practising the skills they learn, the participants develop their own action plan to reduce and overcome anxiety.

Location: Peakhurst, Maroubra & Bella Vista (Check timetable for details)

**\$225**



### PALS Social Skills Program (4-6yrs)

The early school years are when children start to make friends, learn to cooperate with others and begin to solve social problems. Like all skills, some children develop social skills more easily than others. Social skills are of the utmost importance for every child's future development.

Location: Peakhurst (Check timetable for details)

**\$225**



### Handsome Handwriting (School Years 1 & 2)

This 2 day program helps children develop their handwriting skills in a fun and supportive environment. We will focus on developing the skills that support handwriting (e.g. self regulation, gross motor, fine motor and visual motor skills) as well as developing fluent handwriting skills.

Location: Peakhurst (Check timetable for details)

**\$225**



Learning Links ph 8525 8222

[schoolholidays@learninglinks.org.au](mailto:schoolholidays@learninglinks.org.au)



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## PEAKHURST 12-14 Pindari Rd, Peakhurst. Phone: 8525 8222

	Monday 15/4	Tuesday 16/4	Wednesday 17/4	Thursday 18/4	Friday 19/4
Week 1		Handsome Handwriting School Yrs 1 & 2 1:30pm - 4:30pm Day 1		Handsome Handwriting School Yrs 1 & 2 1:30pm - 4:30pm Day 2	GOOD FRIDAY
		Take Action (8-12 yrs) 9:00am - 1:00pm Day 1	Take Action (8-12 years) 9:00am - 1:00pm Day 2		
Week 2	Monday 22/4	Tuesday 23/4	Wednesday 24/4	Thursday 25/4	Friday 26/4
	EASTER MONDAY	PALS (4-6 yrs) 9:30am - 11:30am Day 1	PALS (4-6 yrs) 9:30am - 11:30am Day 2	ANZAC DAY	
		The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 1	The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 2		

## MAROUBRA Office 2, Level 3, Bowen Library Building, 669-673 Anzac Parade, Maroubra. Phone: 8568 8200

	Monday 15/4	Tuesday 16/4	Wednesday 17/4	Thursday 18/4	Friday 19/4
Week 1		The Zones of Regulation (6-8yrs) 9:00am - 1:00pm Day 1	The Zones of Regulation (6-8yrs) 9:00am - 1:00pm Day 2		GOOD FRIDAY
		Take Action (8-12 years) 1:30pm - 5:30pm Day 1	Take Action (8-12 years) 1:30pm - 5:30pm Day 2		
Week 2	Monday 22/4	Tuesday 23/4	Wednesday 24/4	Thursday 25/4	Friday 26/4
	EASTER MONDAY			ANZAC DAY	

## BELLA VISTA 6a/7 Meridian Place, Bella Vista. Phone: 8525 8260

	Monday 15/4	Tuesday 16/4	Wednesday 17/4	Thursday 18/4	Friday 19/4
Week 1		The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 1	The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 2		GOOD FRIDAY
Week 2	Monday 22/4	Tuesday 23/4	Wednesday 24/4	Thursday 25/4	Friday 26/4
	EASTER MONDAY	Take Action (8-12 years) 1:30pm - 5:30pm Day 1	Take Action (8-12 years) 1:30pm - 5:30pm Day 2	ANZAC DAY	

## LIVERPOOL 2, 54-56 Macquarie St Liverpool. Phone: 8525 8280

	Monday 15/4	Tuesday 16/4	Wednesday 17/4	Thursday 18/4	Friday 19/4
Week 1		The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 1	The Zones of Regulation (6-8yrs) 1:30pm - 5:30pm Day 2		GOOD FRIDAY
Week 2	Monday 22/4	Tuesday 23/4	Wednesday 24/4	Thursday 25/4	Friday 26/4
	EASTER MONDAY			ANZAC DAY	



Learning Links ph 8525 8222

[schoolholidays@learninglinks.org.au](mailto:schoolholidays@learninglinks.org.au)