

Peakhurst South Public School

Canteen Menu 2024

Opening Hours:

Monday, Wednesday and
Friday 8:45am-2:30pm

Recess: 11:20am-11:40am

Lunch: 1:15pm-2:05pm

Canteen Manager: Idy Washbourn

Phone: 9153 7256

Email: pspscanteen@gmail.com

The school canteen can only operate efficiently and effectively with the help of its volunteers. If you have some spare time, please get in contact with the canteen. No experience required!



Member of the Health Kids Canteen Association

***Officially operating a Great Choice Healthy School
Canteen since 2019***

Snacks

Cheese Cube	10c
GoGo Balls (v) (MOS)	20c
Date, oats and coconut balls	
Seasonal Frozen Fruit	20c
Garlic Bread (v) (MOS)	\$1.00
Cheese Stringers	\$1.00
Assorted Fresh Fruit (in season)	\$1.00
Vege & Dip Cup (v) (MOS)	\$1.00
<i>*Dip flavour changes weekly</i>	
Paul's Chocolate Custard Cup	\$1.50
Fruit Salad Cups (v) (MOS)	\$1.00
<i>*Seasonal fruit changes daily</i>	
Red Rock Deli Chips: Sea Salt	\$1.50

BYO Apple and get an Apple Slinky, available recess and lunch-free!



All prices are subject to change without notice, please check online to confirm.

Sandwiches & Toasties

(Wholemeal bread, bread rolls and wraps)

All sandwiches are spread with Canola Spread unless specified otherwise)

Salad <i>(Lettuce, carrot, tomato, cucumber and beetroot)</i>	\$3.70
Ham	\$4.00
Egg	\$4.00
Chicken Tenderloin <i>(Crumbed)</i>	\$4.00
BBQ Chicken	\$4.00
Tuna	\$4.00
Cheese	\$3.50
Vegemite	\$3.00
Extras: Cheese	\$1.00
Lettuce	30c
Tomato	30c
Carrot	30c
Cucumber	30c
Beetroot	30c
Mayonnaise	30c
Tomato Sauce	30c
BBQ Sauce	30c
Sweet Chilli Sauce	30c

Salads

Garden Salad	\$4.00
Lettuce, tomato, cucumber, corn, beetroot, carrot with optional French dressing	
<i>*Add Bbq Chicken, Egg AND/OR Ham \$1.50</i>	

Hot Food

Corn on the Cob	\$1.00
Pasta: Napoletana (H)	\$3.50
<i>*Add Cheese \$1.00</i>	
Cheese (H)	\$3.50
Chicken	\$4.00
Tuna	\$4.00
Bolognese (MOS)	\$4.00

**Add Cheese OR Veggies (Peas, Corn and Carrot) 50c*

**Gluten Free Pasta \$1.00*

**All pastas are MOS*

Pizza: Cheese (H)	\$3.50
Ham & Cheese	\$4.50
Ham, Pineapple & Cheese	\$4.50
Chicken & Cheese	\$4.50

**All pizzas are MOS*

Fried Rice (MOS) (V)	\$4.00
<i>*Add Bbq Chicken OR Ham \$1.50</i>	

Lasagne - Alina (H)	\$4.50
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Chicken Nuggets (pack of 6) (H)	\$4.50
<i>*Add Tomato OR Bbq Sauce 30c</i>	

Drinks

Water	\$1.00
Juicy Isle Juice Pops: 250ml 99.9% Fruit Juice Apple, Orange OR Apple & Blackcurrant	\$2.50

Flavoured Milk: 200ml Choc OR Strawberry	\$2.00
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Chill J Sparkling Fruit Drink: Raspberry, Grape or Orange/Passionfruit	\$2.50
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Ice Blocks

Students must collect from canteen

Quelch Fruit Juice Long Tube	50c
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Nippys Frozen Juice Cups:	\$1.50
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Juicies: 99% Frozen Juice Bar	\$1.00
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Bulla Ice Cream Cup (Low Fat) (H)	\$1.50
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Moosie Ice Cream	\$1.50
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MOS	Made on-site
V	Vegetarian
GF	Gluten Free
DF	Dairy Free
H	Halal Certified
Everyday Food	
Occasional Food	

How To Order:

On Line:

1. Download the MySchoolConnect App on your favourite device.
2. Select Peakhurst South Public School.
3. Enter your child/children's details – including class.
4. Click on MyTuckshop and select your lunch. Choose your payment option and complete order.
5. **Ensure you have a confirmation email.**
<https://myschoolconnect.com.au>

**ALL ORDERS MUST BE
SUBMITTED BEFORE 9AM**

*Refunds OR credits can only be provided if lunch order has not already been cooked.

