

# **Peakhurst South Public School**

Strive to Excel - Achieving excellence in a creative and respectful environment.

# Information for Parents and Students

# 2024 - 2025 Handbook

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Updated 06/09/2024



# Principal's Message



Welcome to Peakhurst South Public School Principal Mrs Neralie Chappell







# Principal's Message

We warmly welcome you and your child to Peakhurst South Public School and look forward to many wonderful rewarding years ahead, taking on the varied opportunities offered with enthusiasm. We acknowledge the Aboriginal people who were the first Australians and are the traditional custodians of the land our school is on which belongs to the Bidjigal people of the Eora Nation.

At Peakhurst South Public School, our students and staff 'Strive to Excel' in an inclusive and innovative environment focusing on the whole child to develop into global citizens in a partnership with the wider community.

Students are at the centre of the school's learning culture with a focus on ensuring they develop cognitively, socially, emotionally, physically and spiritually through offering a variety of programs including social and emotional learning. The school adopts future-focused learning strategies which enable students to become critical and creative thinkers with the ability to problem-solve. The dedicated staff continually update their knowledge and skills in providing the highest quality educational learning for the students and provide guidance for parents and seek the expertise from external agencies that offer targeted support. The parent community is a valued partner in supporting student learning and included in new projects and reforms.

We pride ourselves on the various extra-curricular activities offered and concerted effort to ensure the school is well resourced, both staffing and equipment, to support learning including all classrooms having interactive boards, document cameras and air-conditioning.

Peakhurst South is a community-oriented school with an active and dedicated P&C. The whole school community approach creates a positive environment that supports students to be safe, respectful, and engaged in all settings through redirecting students to meet expectations and routines. The values of integrity, excellence, fairness, cooperation, respect, and resilience are recognised as our focus and the school community address issues with a restorative justice principles approach.

The information in this handbook aims to inform you of the different aspects of Peakhurst South Public School and is annually updated and published on our website.

We look forward to this partnership with you to ensure our students reach their full potential and encourage you to join us on the journey.

## Neralie Chappell

Mrs Neralie Chappell Principal

## All Enquiries

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- T 02 9153 7256 I E peakhursts-p.school@det.nsw.edu.au
- W https://peakhursts-p.schools.nsw.gov.au
- A School Bytes search for Peakhurst South Public School

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# Introduction



# Peakhurst South Public School





# Enrolment

Enrolments at Peakhurst South Public School are welcome any time. Enrolment information and applications can be found on the Peakhurst South Public School website. Any enquiries please contact the school office. Out of area applications are reviewed by a panel and are judged on how well it meets the out of area application criteria.

# **School Vision Statement**

Peakhurst South Public School students and staff 'Strive to Excel' in an inclusive and innovative environment focusing on the whole child to develop into ethical and global citizens in partnership with the wider community.

# A vibrant and exciting learning centre where the whole community 'Strives to Excel' in an innovative and inspirational school.

#### Quality resources, services & facilities:

- Focus on Literacy, Numeracy, Wellbeing and Quality Education
  - Technology including:
    - laptops
      - 3D printing
      - robotics
      - coding
      - iPads - document cameras
      - interactive panels
      - Bands
- Choirs
- Chess Club
- Dance Troupes
- Kindy Start Transition
- PSSA Sport
- Debating and Public Speaking
- Environment Club
- Garden Club
- Playground Equipment
- Lego Club
- Robotics Club

# **School Strategic Directions**

# Strategic Direction 1: Student Growth and Attainment

#### Purpose:

To promote academic excellence, individualised learning, progress monitoring, goal setting, social and emotional growth, and equity to support the holistic development and success of all students as future successful citizens, ensuring that they are prepared to thrive in a rapidly changing world.

## Strategic Direction 2: Wellbeing

#### Purpose:

To prioritise the holistic development and welfare of students, ensuring that they have the support, resources, and skills needed to thrive physically, mentally, emotionally, socially, and spiritually within the school community whilst creating a positive and nurturing learning environment where every student can reach their full potential.

# Strategic Direction 3: Delivery of Quality Education Purpose:

To build the capacity of staff to provide a high standard of education that promotes student achievement, equity, effective teaching practices, continuous improvement, partnerships, and preparation for future success, whilst striving for excellence and aiming for positive outcomes for all students.

## Staff



# Peakhurst South Public School







## Staff Principal

Principals are responsible for the management of the school. They are the leading educational professionals in the school. Principals inspire students, staff and members of the community to continuously enhance the learning of all and strive to improve and reflect upon their impact. They network and collaborate with a wide range of people to secure the best possible learning outcomes and wellbeing of all students. Principals are able to embrace uncertain, complex and challenging contexts and work with others to seek creative and innovative solutions that support quality outcomes for all.

## Assistant Principals

Assistant Principals support the Principal in the management of the school's programs and oversee the teachers in their stage. This ensures consistency of teaching and learning across the school. Assistant Principals run teacher professional learning and oversee teaching and learning programs. The Assistant Principals along with the Principal form the school executive team.

## Assistant Principal, Curriculum and Instruction

The Assistant Principal, Curriculum and Instruction (AP/C&I) position is a leadership role dedicated to ensuring literacy and numeracy knowledge and skills are embedded in curriculum and assessment; high quality teaching practices are enhanced; and literacy and numeracy instruction is strengthened. The AP/C&I provides guidance and high impact professional learning in literacy and numeracy and maintains an explicit focus on the leadership of effective, evidence-informed literacy and numeracy teaching and assessment practices for improved student learning outcomes across the curriculum.

## **Classroom Teachers**

Classroom teachers are trained to teach students from Kindergarten to Year 6. They plan and deliver educational programs to assist in the intellectual, physical and social development of primary school students. Primary teachers prepare daily lesson plans that fit within broad syllabus and curriculum requirements. They are responsible for teaching a wide range of subject areas, including English, Mathematics, Science, Technology, History, Geography, Society and Environment, Creative Arts, and Personal Development, Health and Physical Education, Science and Technology, Human Society and Its Environment.

## RFF (Release from Face-to-Face) Teacher - Special Programs

Classroom teachers are entitled to 2 hours of relief from face to face teaching each week. This entitlement is derived from the Relief from Face to Face Teacher and Teacher Librarian allocation. The RFF Teacher provides specialised teaching and learning for students in a specific area of the curriculum.

## Library

Approval to teach primary library or currently undertaking or currently enrolled in Teacher Librarian qualifications approved by the NSW Department of Education.

# Curriculum



Peakhurst South Public School







## Library (cont'd)

The teacher librarian is trained and qualified in this role. Each class attends a library lesson with the school Teacher Librarian each week. Students may borrow books for one week at a time, and are asked to have a library bag to protect these books. Library bags are available from the school Uniform Shop.

If any damage occurs to a library book, please do not try to repair it, but return the book immediately to the librarian. If for any reason books in your child's care are misplaced, please notify the librarian immediately.

## Support Teachers

Our school has an English as an Additional Language & Dialect (EAL/D) teacher, and a Learning and Support Teacher (LaST). These positions are allocated based on school needs. These teachers plan and work cooperatively with other staff members to develop programs to cater for the needs of students.

## Learning and Support Team

The school Learning and Support Team consists of the School Principal, Learning and Support Team Co-ordinator, Learning and Support Teacher, School Counsellor, School Wellbeing Officer and teacher representatives. When a student requires additional support, the Learning and Support Team Procedural Flowchart will determine appropriate actions. Parents should first discuss any academic, wellbeing or behavioural concerns with their child's classroom teacher. Referrals to the Learning and Support Team can be made by teachers and/or parents.

## School Administrative Support Staff

Our school has an outstanding team of office support staff. We have a fulltime School Administrative Manager (SAM), one full-time and one part-time School Administrative Officer (SAO) and a part-time General Assistant (GA).

## School Administrative Manager

The School Administrative Managers (SAM) is part of the school administrative and support team in all our schools. The SAM assists the principal in planning and maintaining school routines and are responsible for the efficient management of the school financial and administration functions.

## School Administrative Officer

The School Administrative Officer (SAO) may be the first person to greet you when you arrive at a school. The SAO supports the principal and their supervisor (SAM) to maintain school routines.

Responsibilities include assisting in the school library, operating and maintaining classroom and office equipment and undertaking an administrative role in the school office and reception area.

## School Learning Support Officers

School Learning Support Officers (SLSO) under the supervision and direction of a teacher, assist in classroom activities, school routines, and the care and management of students with special needs.

# Curriculum



Peakhurst South Public School

## School Learning Support Officers (cont'd)

Their role includes assisting teachers in the school to:

- implement individual education programs (IEPs)
- provide opportunities for students to develop personal, social, independent, living and pre-vocational skills
- attend to the personal care needs of students, and
- operate audio-visual aids, duplicating, issuing learning materials and clerical duties.

### School Development Days

These 2 held on the first two days of Term 1and 2, first day of Term 3 provide teachers with professional development opportunities in the latest curriculum developments and trends in education. Workshop sessions are included. Parents are required to keep their children at home on these days which are publicised by the NSW Department of Education in the school newsletter and school calendar by the NSW Department of Education.

## Curriculum Key Learning Areas (KLAs)

There are six Key Learning Areas (KLAs) for students in Kindergarten to Year 6. The NSW Education Standards Authority (NESA) issues a syllabus for each KLA. These syllabus documents set the requirements and guide the teaching and learning process. The KLAs are:

- English
- Mathematics
- Science and Technology
- Creative Arts Visual Arts, Music, Dance, Drama
- Human Society and Its Environment incorporating History and Geography
- Personal Development, Health and Physical Education

## InitiaLit

InitiaLit is an evidence-based whole-class literacy program providing all students with the essential core knowledge and strong foundations to become successful readers and writers. InitiaLit is a three-year program, covering the first three years of school, Kindergarten to Year 2.

# **Additional Programs**

Peakhurst South Public School is privileged to have a very comprehensive range of additional programs. These clubs are reviewed each year and are informed by student interest.

# Special Religious Education (Scripture) and Special Education in Ethics (SEE)

Students attend Scripture lessons given by visiting teachers of different denominations (Catholic, Protestant, Greek Orthodox or Muslim) for 35 minutes once each week. We also offer ethics to students who do not attend SRE classes, if volunteers are available.







Sport



Peakhurst South Public School







### Band

Students from Years 3-6 are eligible to join the band. The band plays at several venues throughout the year including music festivals and special days, such as Open Day held in Education Week. During Term 3, students in the Senior Band attend a Band Camp, with students from other schools. Activities include rehearsing for a performance for their families, and participating in a variety of outdoor recreational experiences. The band is operated by a parent committee (a sub-committee of our P&C) and is funded by tuition fees and fund-raising events throughout the year.

#### Chess

Peakhurst South Public School run a weekly chess club for all interested students. They also enter teams in the local inter-school chess competition and participate in various tournaments throughout the year.

## Choir

Peakhurst South Public School has a choir, made up of students from Years 3-6. The choir performs both within the school and at out of school activities such as Education Week and performances at local music festivals.

### Dance

Students from Years K-6 may audition to join the school dance troupes which perform at various venues throughout the year. Dance troupes are open to both boys and girls. Participation in dance troupes involves tuition fees and costuming costs.

## Garden Club

Our Garden Club is a vibrant space that is tended by students who are interested in enjoying basic gardening concepts. The club is overseen by a volunteer teacher and together meet once a week to maintain the garden, worm farm and compost bins.

## Lego Club

Lego club is offered to students in K-2 and runs weekly at lunchtime. Students work in small groups using teamwork and collaboration to construct their chosen Lego creation. Their construction may take anywhere from 2 to 8 weeks to complete.

## Peaceful Kids

The 'Peaceful Kids' program is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. This program helps children to build their emotional resilience so they are better equipped to deal with the day to day stresses that life brings them.

# Sport K-2 Sport

Students in K-2 are involved in a variety of sporting activities and skill development activities at school. Kindergarten students often participate in 'Buddy Sport' sessions with their Year 6 buddies to develop these skills.

## 3-6 Sport

The sports program for students in Years 3-6 includes opportunities to represent the school in the local PSSA (Primary School Sports Association) competition, skill development at school or local facilities, e.g. golf.

# School Events



Peakhurst South Public School





#### Houses

Our students are divided into 3 sport houses:

- Ruby (red)
- Emerald (green)
- Topaz (yellow)

#### Swimming Carnival

At the beginning of each year the school holds its annual swimming carnival. All students in Years 3 - 6 plus any Year 2 students turning eight by the end of the year who are capable swimmers are eligible to compete. Students may qualify to represent our school at the District Swimming Carnival. If students qualify at this carnival, they have the opportunity to represent the District at the Regional Swimming Carnival.

#### Swimming and Water Safety Program

The ten-day swimming and water safety program builds water safety skills and confidence in poor swimmers. Focus is on the development of correct swimming techniques and the development of water safety confidence. Lessons are provided to students under a cooperative arrangement, where school swimming and water safety program staff and teachers from the school work together.

## Cross Country and Athletics Carnival

In Terms 1 & 3 each year the school holds its annual Cross Country and Athletics Carnivals. Like the Swimming Carnival, students may qualify from these carnivals to represent our school at the District Cross Country and Athletics Carnivals and, if they qualify at these carnivals, they have the opportunity to represent the district at the Regional Cross Country and Athletics Carnivals. While the Cross Country and Athletics events are K-6 activities, only students turning 8 during the year or older can represent the school at District and Regional levels.

## **District Sports**

Students in Years 3-6 who show an aptitude for a particular sport are selected for the District Sports Trials. This provides an opportunity for students with ability to represent the school and the District.

## School Events Assemblies

A whole school assembly is held each fortnight in the school hall. It is a good opportunity to come together as a whole school and recognise student achievements from the fortnight. The assembly is run by the school captains and follows a set format which includes an Acknowledgement of Country, the singing of the National Anthem, the School Pledge, various student reports and the presentation of class, sport and school Peak Awards. Parents are welcome to attend. For safety reasons and to allow setup, entry for assemblies is opened 10 minutes before commencement via Gate 3.

#### Excursions

First hand experiences gained through excursions and cultural performances are part of a vital education and enrich programs at the school. All students are expected to attend such activities.

# School Events



## Excursions (cont'd)

When organising an excursion or cultural event we will seek your written consent along with the payment.

Students are not allowed to go on an excursion out of the school grounds without permission from a parent or carer. Excursion costs such as booking fees and transport are to be paid in advance. There will be no refunds issued for excursions that are paid for but not attended by students.

The only exception to this is if a doctor's certificate is produced for the absence. A partial refund may be available depending on the venue of the excursion.

## Public Speaking and Debating

The Public Speaking and Debating Programs at Peakhurst South Public School are of high priority. Students are involved in running assemblies and speaking in front of large groups as early as Kindergarten.

Public Speaking occurs in all classes K-6 with students presenting prepared and impromptu speeches within given time limits. Students may present speeches to their classes, assemblies or in the Public Speaking Competitions.

Students may be selected to represent the school in the District Public Speaking Competition. Students in Years 3-6 also have the opportunity to join a debating team and compete against other schools across the district.

### Technology

Students have access to mobile devices and a computer lab. We have a modern learning classroom with a wide range of LED Touchscreens, 3D printers, BeeBots, Dash and Lego Robotics. We have developed our own scope and sequence that successfully integrates technology into classroom learning. Bring your own device (BYOD) is run with Years 5 & 6 (Stage 3).

## School Photographs

Each year a professional photographer visits the school to take class, individual, siblings and activity group photographs of our students. Parents are given the opportunity to purchase these photographs.

## Education Week

The exact dates for Education Week are announced each year by the Department of Education. It is usually held Term 3 Week 3. Our school holds special events during this week to showcase our students' achievements and abilities. Parents, carers, relatives and friends are invited to attend special performances and visit the classrooms.

## Book Week

In Term 3, the Children's Book Council of Australia Book Week is held with a new theme each year. Students take part in activities for Book Week and dress up as characters from their favourite book.

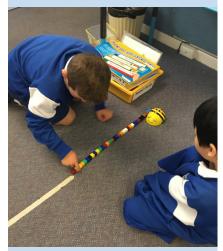
#### Presentation Day

Our Annual Presentation Day is held for all students at the end of Term 4.









# Peakhurst South Public School







## Presentation Day (cont'd)

Students' achievements are recognised and celebrated with the presentation of trophies, medallions and certificates.

# **Special Days and Events**

At various times throughout the year, special activities are arranged to encourage citizenship and for fundraising. The money raised goes to charity or the school for educational purposes as advertised. These special activities include:

### Theme Days

These activities are organised by the Student Representative Council, and the money raised goes to a charity of their choice. On this day, usually held once a semester, students are permitted to dress according to the chosen theme. For this privilege, students make a gold coin donation.

## **Information for Parents**

The school communicates with parents through a number of avenues including the school website, fortnightly newsletters, messages via School Bytes, information evenings, parent-teacher interviews, school Facebook page and community LED notice board.

We pride ourselves in keeping parents informed about school programs and individual student achievement. If you have any questions at all, please do not hesitate to contact the school for information and clarification.

## **Reporting to Parents**

Early in Term 1 teachers hold Parent Information Evenings to explain:

- curriculum
- classroom routines and school procedures
  - homework

Individual parent/teacher interviews are held at the end of Term 1.

Semester 1 reports are sent home at the end of Term 2. Semester 2 reports are sent home at the end of Term 4.

To discuss your child's progress at any time throughout the year, please make an appointment through the office.

#### **PARENTS/CARERS EXPECTATIONS**

PSPS is committed to providing a safe and productive learning environment for students. The school aims to have a community that works together for a common purpose. PSPS is committed to dealing sensitively with parents and carers and will respond in a timely manner following relevant Department of Education policies and procedures.

Members of staff will endeavour to return phone calls, emails or letters within reasonable timeframes. Teachers cannot leave classes to receive or return calls or conduct interviews.



#### PARENTS/CARERS EXPECTATIONS (cont'd)

The school is committed to resolving issues or concerns in a well-timed manner for parents and carers. Often the gathering of information, or the multiple demands on people's time prevents an immediate resolution. Parents are asked for their patience when the school is investigating matters.

# Peakhurst South Public School aims to keep the school community informed through:

- distributing fortnightly newsletters informing the parent community of school, programs, procedures, initiatives and matters impacting the community
- actively sharing classroom activities and initiatives through social media platforms, including: Facebook and YouTube
- informing parents of upcoming events and notifications via School Bytes and the school website
- events added to the calendar on the school's website
- leading regular parent information sessions on new programs, procedures or teaching practices
- executive staff attending monthly P&C meetings, delivering an update on the school directions

### SCHOOL EXPECTATIONS OF PARENTS/CARERS

#### Parents/Carers should:

- direct concerns to the appropriate staff member as outlined at the end of this procedure by phone, email, letter or in person. If in person, please make an appointment in advance
- approach matters in a calm and balanced manner, ensuring respectful interactions result in clear communication
- provide up to date contact details to enable contact within a timely manner
- communicate extremely important matters in writing to ensure all the details of the matter can be fully understood



If you wish to discuss a matter unrelated to your child, please first see the relevant Supervisor. If you still require further advice then contact the Principal.









# Peakhurst South Public School







#### SCHOOL EXPECTATIONS OF PARENTS/CARERS (cont'd)

#### Parents/Carers should refrain from:

- entering a classroom or office if a staff member is not present. Despite the room being your child's classroom, it is also a place of work for staff and often confidential information is present
  - disrupting students' learning time or a teacher whilst they have a duty of care over students. For example: it is not appropriate to approach a teacher with a lengthy conversation when he/she is walking students into class, or on playground duty
    - approaching another student or parent in regards to any concern. The matter must be referred to the appropriate staff member



# School Community **Charter**





We work in partnership to promote student learning.



We treat each other with respect and fairness.



We communicate in a positive and constructive manner.



# We all play a part

#### **Respectful communication is a right** In all workplaces people have the right to feel safe

and respected. Unacceptable and offensive behaviour has no place in our school communities.

#### Unacceptable behaviour:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- · Inappropriate and time wasting communication.



#### Social Media

Peakhurst South Public School has our own official social media platforms. Don't forget to like our Facebook page and subscribe to our YouTube account to see what we get up to during the school day at:



### Social Media (cont'd) Facebook www.facebook.com/PeakhurstSouthPublicSchool

Facebook - P&C www.facebook.com/PSPSPandC

YouTube Subscribe to: Peakhurst South Public School

## School Calendar

Peakhurst South Public School uses School Bytes Calendar to communicate various events held in our school community. The **PSPS Calendar** is located under the **Calendar** heading or icon in **School Bytes or on the link below** in the Parent Portal or App. You can view upcoming dates by day, week, month or term:

https://portal.schoolbytes.education/calendar

The easiest way to access this calendar is through the School Bytes app. You can also view the calendar on the school website: <a href="http://www.peakhursts-p.schools.nsw.gov.au">www.peakhursts-p.schools.nsw.gov.au</a>

## Stationery Requirements

Class teachers send out a list of requirements for each child late in Term 4 and again early in Term 1. The school organises a stationery pack for Kindergarten students which can be purchased at a reduced price. Stationery needs to be replaced when used, as required throughout the year.

Stationery packs are to be paid for at the beginning of each year before they are distributed.

## Newsletter

A fortnightly newsletter is sent home on Thursdays by email via **School Bytes** to parents. The newsletter contains information for parents about the coming fortnight's activities at school, reminder notices and notices from school organisations such as the P&C.

## School Records

Please advise the school office of any change to your address and/or contact telephone numbers so that you can be contacted should the need arise. A note is sent home annually to confirm contact details are correct.

## School Bytes

Peakhurst South Public School offers a flexible and simplified way for parents and carers to make payments. All school payments are made online through the School Bytes website. Please see the separate School Bytes pack for more information on how to get connected.



## Permission Notes

From time to time the usual routine of the school is varied to allow for special events, incursions and excursions. When this occurs parents will be notified and permission will be sought for children to take part.





## Parent Volunteers



### Permission Notes (cont'd)

It is most important that permission notes are completed and signed via the **School Bytes Portal** before the event. **School Bytes** will send permission notes directly to your email address, so please check your emails daily.

If the permission note is not signed and payment made (if required) then your child **will not** be able to participate in the event.

#### P&C Payments which include Canteen/Uniform Shop payments

All payments are to be made through **MySchool Connect**, the **office cannot take EFTPOS** or credit card payments for the **P&C**.

#### Voluntary Contribution

Each year, parents are asked to contribute towards the costs of purchasing resources for students. This money is used to supplement the money provided by the government to run the school.

It is used to purchase information and communication technology (ICT), library books, reading resources, classroom equipment, writing books, etc. It is also used to cover resources such as photocopying, online subscriptions, applications and work books.

#### Toilets

The toilet block is for students only. Parents and visitors can use the toilets in the hall, both internal and the external ambulant toilet, in the library and in the office.

#### Smoking

Smoking and e-cigarettes are already banned in schools. The law extends the smoking ban to cover the area within 4 metres of a pedestrian entrance to or exit form school as well. The <u>'4 metre law'</u>. This is important for our growing students:

https://www.health.nsw.gov.au/tobacco/Pages/no-smoking-the-4-metrelaw.aspx#:~:text=Smoking%20is%20already%20banned%20in,schools%2C% 20colleges%20and%20universities

## Parent Volunteers

#### Screening requirements for parent volunteers

Parents or close relatives of a student who volunteer at their child's school are **usually exempt** from requiring a WWCC, regardless of whether they are engaged in child-related work. This includes those engaged by the P&C. However in some <u>specified volunteer</u> roles, parents **do require** further clearances. These roles are:

- Any person (including parents) providing personal care services to children with disabilities
- Any person (including parents) providing mentoring services or as part of a formal mentoring program
- Any volunteer (including parents) attending an overnight excursion.



# School Uniform



Peakhurst South Public School





### Screening requirements for parent volunteers (cont'd)

Non-school staff, including parents and close relatives exempt from holding a WWCC clearance, transporting students other than their own children to school-endorsed activities.

This person **does not** require a Working With Children Check (except in the circumstances above).

#### Screening and identification

- The school must conduct an NTBE check in eCPC.
- The school must sight one form of photo ID with the person's full name, date of birth, current address and photo.

The person must show photo ID when signing in.

#### Declarations

• The person must complete a <u>Declaration for child-related workers</u> in School Bytes under the **Forms** icon or heading. Those exempt from the WWCC requirement should complete all relevant sections in this declaration, including part 1, part 3 and part 4 (section C).

## Gifts Gifts for staff

Appreciation is often demonstrated by families to staff. Staff must adhere to the code of conduct and apply its principles in assessing and deciding whether to accept offers of gifts, benefits and hospitality and report them.

Staff must promptly report offers made to them:

- Where the gift, benefit or hospitality is valued at more than \$50
- Where a single donor in a defined period provides a series of gifts, benefits or hospitality that in total is valued at more than \$50
- That are declined because acceptance creates a conflict of interest, is intended to influence the decision maker or is a bribe.

# School Uniform

Summer/winter uniform change over dates

Term 1:	Compulsory summer uniform
Term 2 - June long weekend:	Either summer or winter uniform
June long weekend - End of Term 2:	Compulsory winter uniform
Term 3:	Compulsory winter uniform
Term 4 - 31 October:	Either summer or winter uniform
1st November - end of Term 4:	Compulsory summer uniform

#### All Seasons

- White polo shirt (with blue school logo); special Year 6 edition \*
- Royal blue sloppy-joe (with white school logo) \*
- Royal blue and white tracksuit jacket (with school logo) \*
- Royal blue hat (with white school logo) bucket style, baseball cap or legionnaires cap \*
- Plain white socks (no colour) that cover ankles
- Black shoes (black joggers or black leather shoes are acceptable) with black laces

# School Related Organisations



# Peakhurst South Public School





### Summer Uniform Options

- Boys' navy blue shorts
- Girls' navy blue skort or shorts \*
- Princess style frock with Peter Pan collar, royal blue sailcloth "tag" tie & side pockets \*

### Winter Uniform Options

- Royal blue winter fleece lined jacket \*
- White long sleeved polo shirt (with blue school logo) \*
- Boys' navy trousers (navy socks may be worn with the navy trousers)
- Girls' royal blue check tunic and/or navy skirt and/or trousers\* (navy socks may be worn with the navy trousers)
- Navy blue stockings

## Sports Uniform Options



# ONLY TO BE WORN on Sports Days (or when advised by teachers)

- Royal blue and white school tracksuit (with school logo) \*
- Polo shirt in house colours (with white school logo) \*
- Girls' navy blue skort
- Navy blue shorts (with school initials) \*
- Plain white socks (no colour) that cover ankles; sports shoes
- Royal blue hat (with white school logo) several styles

#### Accessories

- School bags, library bags and excursion bags are available from the Uniform Shop
- Scarves (winter), hair ribbons/clips/etc, must be in school colours (blue and white)
- No jewellery to be worn except for watches and plain stud earrings if ears are pierced
- \* These items are only available from the Uniform Shop.

The Uniform Shop opens every second Monday afternoon from 3:20pm - 4pm. You can also place your order online which is available 24/7 via the MySchoolConnect app at:

www.myschoolconnect.com.au/pspsuniform

# School Related Organisations

## Parent Involvement

Peakhurst South Public School has a very active parent body. Parents are welcome to participate in school activities.

Parents may also be invited to assist in the classroom and assist with sporting teams, etc.

## Parents & Citizens (P&C)

Parents are encouraged to participate in our P&C community. The P&C at Peakhurst South Public School is a dynamic and proactive organisation of parents and teachers.

# School Related Organisations



Peakhurst South Public School







## Parents & Citizens (P&C) (cont'd)

The P&C aims to promote the interests and objectives of the school by bringing parents, teachers, students and community members together. P&C fundraising supports the school's programs and assists in improving educational outcomes for our students.

The P&C is responsible for the Canteen, general fundraising, Uniform Shop and School Band. Events such as Special Food Days, Mother's and Father's Day Stalls, Disco, Movie and Trivia Nights organised and run by the P&C are a fun way for parents to help and engage with the students and communities.

The P&C meets on the last Wednesday of each month during school terms at 7pm in the school library with an online video option (details emailed to parents prior to each meeting). The meeting generally runs for  $1\frac{1}{2}$  - 2 hours.

These meetings are informal and are a good opportunity to meet the Principal and other parents, and keep up to date with what is happening in the school. We always welcome new members who want to be actively involved in their children's education.

#### The P&C maintains a Facebook page at:

<u>https://www.facebook.com/PSPSPandC</u> and may be emailed at any time: <u>PeakhurstSouthPandC@gmail.com</u>. Look out for regular reports and updates in the school Newsletter from P&C, Canteen, Uniform Shop, Book Club and Band.

#### Canteen Committee

Our school Canteen is operated by the P&C. It is staffed by a paid Canteen Manager and parent volunteers. It offers a wide variety of nutritious food and drinks.

The Canteen is open for lunch orders on Monday, Wednesday and Friday. Counter sales at recess and lunch on these days is possible only with Canteen volunteers - parents and grandparents are encouraged to get involved, even for as little as half an hour.

Please note that health regulations do not permit babies/toddlers in food preparation areas of the school.

The Canteen can be contacted at: <u>PSPSCanteen@gmail.com</u>

If your child forgets their lunch and you're not home on canteen days, a sandwich will be made for your child and a letter sent home to notify you of the cost. Payment can be made on the next school day.

On Tuesday and Thursday the office staff will ring to inform you that your child has forgotten their lunch.

Lunch orders can be placed via the MySchoolConnect App at:

www.myschoolconnect.com.au/pspscanteen

or, place money in paper bag with your child's name, class and order and hand the order to canteen staff before the 9:20am school bell rings. Correct change is appreciated.

The canteen will be closed the last day of each term.

# **Getting to School**



#### Uniform Committee

Our Uniform Shop is operated by the P&C and is open every second Monday between 3:20pm and 4pm (as notified via the School Newsletter).

It is staffed by volunteer parents and supplies all uniform items (excluding shoes). Second hand uniform items are also available for purchase. Payment can be made by cash or credit card.

Uniform Shop orders can be placed via the MySchoolConnect App or online at:

#### www.myschoolconnect.com.au/pspsuniform

All online orders are delivered to the classroom.

#### **Band Committee**

Our School Band is open to students in Years 3 - 6. It is co-ordinated by the P&C band sub-committee and the school, who meet regularly to manage the operation of the band programs and organise fundraising. The school employs a paid band director and tutors to lead the development of the band. Band rehearsals and tutorials are held before and/or after school.

#### **Book Club**

The Scholastic Australia 'Book Club' catalogue is issued regularly to students, allowing them to peruse a wide range of titles. Through Book Club, 20% of order sales is returned to the school to spend on educational resources.

Purchases are easily made via the LOOP app or online at:

https://mybookclubs.scholastic.com.au/parent/login.aspx

A parent co-ordinator organises delivery of orders to students at school.

## School Leadership

A range of opportunities are provided to help students develop leadership skills.

#### School Leaders

At the end of each year, four Year 5 students are elected as captains and vice captains for the following year. Additionally, two students from each house are elected as house captains.

#### Student Representative Council (SRC)

At PSPS we value student voice. The Student Representative Council contains student representatives from across the school and meets regularly each term. Two students from each class in Years 1-6 are elected by their classmates. The elected Year 6 school leaders are also part of the SRC. Regular meetings are held to discuss a wide range of items that students feel might improve their school life.

By students being partners with the teachers, their perspectives and experiences can shape and enrich the school and community as we strive to be the best school we can be.







# School Routines



# Peakhurst South Public School

## Library Monitors

Peakhurst South Public School provides further leadership opportunities for Stage 3 students through the Library Monitor program. It enables students to provide a valuable service to their school, act as role models and further improves the library environment. Students learn new skills, including research and ICT skills, enabling them to provide assistance to fellow students and teachers.

### **Environment Committee**

The Environment Committee was formed to help Peakhurst South PS become an eco-friendly school. This team aims to improve our school environment and make an impact beyond our school by raising awareness and inspiring others to take care of our environment.

# **Getting to School**

#### Safety

Safety of our students is paramount. Safe entry and exit from school grounds is by designated points only. These are:

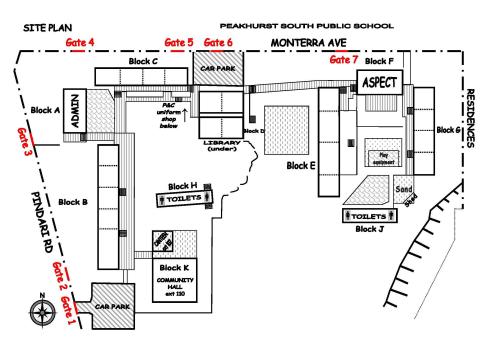
- gate near the school staff Pindari carpark (Gate 2) not the car park gate
- The only entry to the school between 9:20am 3:20pm will be via the front gate (Gate 3) next to the administration building in Pindari Road.
- front gate near the school office (Gate 3); a road crossing supervisor is present morning and afternoon this is our main gate
- gate at the top of the 'Kiss and Ride' Zone on Monterra Avenue (Gate 4)
- gate near the library and school staff Monterra carpark (Gate 5) **not the** car park gate
- gate near the Stage 3 block on Monterra Avenue (Gate 7)

For safety reasons the school staff carparks are not to be used to drop off or collect children, including out of school care hours (OOSH).

The school gates will be closed each day at 9:20am and re-opened at 3:20pm.







## School Routines



Peakhurst South Public School





## Safety (cont'd)

Teachers escort their classes out of an afternoon. Kindergarten have a shorter day and are dismissed from the school grounds initially, then:

Kindergarten exit via Gate 2 Stage 1 exit via Gate 3 Stage 2 exit via Gate 5 Stage 3 exit via Gate 7

Siblings can meet internally in the school and exit via the most appropriate gate. Students requiring pickup from the kiss and drop zone exit via Gate 4.

All students from Kindergarten to Year 2 are eligible for a free bus and/or train pass. There is no distance restriction for these children. Children in Years 3 to 6 inclusive are eligible for a bus pass if they live more than 1.6 kilometres from the school.

### School Visitor Sign-In

NSW Department of Education procedures for schools All visitors attending a school site are mandated to comply with school sign-in arrangements and check-in using School Visitor Check-in.

All visitors (parents/carers, volunteers and contractors including cleaners) must use School Visitor Check-in to comply with school sign-in procedures.

Visitors, contractors and service providers on-site should use the School Visitor Check-in QR code:

- during school hours
- outside of school hours if on-site for school-related reasons (such as P&C meetings, workers such as cleaning and teachers visiting classrooms on weekends).

Visitors to the school who do not have access to electronic devices can:

- use the webform on a school device at front reception
- use the School Visitor Check-in concierge device.

#### When School Visitor Check-in is not used

Signing in via SVCI is not required for:

- community users of school facilities for non-school related reasons
  - schools on sites that are not operated by DoE and having existing visitor sign-in processes such as schools in a hospital or Youth Justice Centres.
    - anyone on-site outside of school hours **for non-school-related reasons** including:
      - outside of hours school care (OOHSC)
    - preschools
    - community use of school facilities and leases:
      - playgroups
      - sports clubs
      - markets
      - Elections

# Special Days and Events



Peakhurst South Public School





### **Bus Passes**

The School Student Transport Scheme (SSTS) gives eligible school students free or subsidised travel between home and school on NSW public transport, including trains, buses, ferries and light rail.

All students from Kindergarten to Year 2 are eligible for a free bus and/or train pass. There is no distance restriction for these children. Children in Years 3 to 6 inclusive are eligible for a bus pass if they live more than 1.6 kilometres from the school.

Apply at Service NSW at:

www.service.nsw.gov.au/transaction/apply-school-travel-pass

## School Traffic Zones and Parking

School Traffic Zones are there to slow traffic and protect our children. Both Pindari Road and Monterra Avenue are subject to 40 kph limits during 8:00am - 9:30am and 2:30pm - 4:00pm school days.

## Kiss and Ride Zones

Kiss and Ride Zones are located in Pindari Road and Monterra Avenue for your convenience and for your child's safety.

#### Kiss and Ride rules:

- Kiss and Ride zones and 'No Parking' zones operate under the same conditions may stop to drop off or pick up children for a maximum of 2 minutes
- Driver must remain in or within 3 metres of vehicle
- Zone applies only during hours of operation

No Standing, No Parking and Kiss and Ride zones are enforced.

#### **Bicycles and Scooters**

Students are allowed to ride bicycles and scooters to and from school with parental permission.

Please refer to the Bicycle and Scooter Riders' Agreement that can be found on the school's website under Road Safety in Supporting our Students.

Students must wear an Australian Standards fitting helmet and dismount from their bicycle or scooter at pedestrian crossings. Students must walk their bicycle or scooter in and out of school grounds.

Bicycles must be stored in the bicycle racks at the school. Students should provide their own lock.

Scooters are to be stored at teacher discretion in a safe place which does not obstruct any doorways, classroom area, or paths.

#### Dogs

Under the Companion Animals Act 1998 (NSW, Section 14), dogs are prohibited on school grounds unless the principal grants permission. Reasons why the principal may grant permission for a dog to be in school include assistance or service dogs. If this applies, please contact the principal so approval can be organised for your dog to be on site.

# Student Wellbeing



School Counsellor Ms Sophie Moutia

# Peakhurst South Public School



Wellbeing Officer Mrs Jo Tsangarides



## **School Routines**

#### Term Dates

The school follows NSW Department of Education and Communities School Holidays and Public Holidays gazetted by the government. To view dates go to the following link:

#### https://education.nsw.gov.au/schooling/calendars

#### School Times

Time	Mon - Fri
9:20 am - 11:20 am	Morning lessons
11:20 am - 11:45 am	Recess
11:45 am - 1:15 pm	Lessons
1:15 pm - 2:05pm	Lunch
2:05 pm - 3:20 pm	Afternoon lessons

All children should be at school by **9:15am** so they can use the toilet and then join their class lines at 9:20am ready to start the day.

<u>No students should arrive before 8:50am</u> as there is <u>no supervision</u> before this time.

The school has an OOSH (Out of School Hours) on site to cater for before and after school care.

Should you need to change the arrangements for collecting your child, please contact the teacher, call the school office or notify the school via email at: (peakhursts-p.school@det.nsw.edu.au) and make sure that your child is also aware of the change. Students can be easily upset by a change to their routine.

It makes it easier for your child, if you leave as soon as the children line up to go into class. Prolonged 'good-byes' do not help the child who may be taking a little longer to cope with parting from parents or carers.

Kindergarten students are dismissed at 3pm for the first half of Term 1. For the remainder of Term 1 and for Terms 2, 3 and 4, Kindergarten students are dismissed at 3:20pm each day along with the rest of the school.

#### Arriving Late

Students who arrive after 9:20am must report to the school office for a Late Pass with an explanation of the reason.

If parents do not accompany a child to the office, then a written note of explanation **must** be presented on arrival (even if the child is 5 minutes late).

## Leaving Early

Students who are to leave school early must notify the school ahead of time via School Bytes. Parents **must** collect their child from the office.

# Student Wellbeing



Peakhurst South Public School







#### Students not picked up by 3:20pm

If you are running late to pick up your child please call the office. Teachers will take students not picked up to the office and call parents or the emergency contact.

#### School Gates

For the safety of students, the school gates will be locked between 9:20am and 3:20pm.

### **Emergency Procedures**

All teachers and students will be involved in practices for Emergency Evacuation as well as Lockdown and Lockout. All children will be taught the correct emergency procedures.

We endeavour to prevent and prepare for incidents or emergencies and annually develop an emergency management plan. We have practice drills and will inform the community after these have occurred. In the event that we need to evacuate, we go to Lambert Reserve in Whitegates Avenue or Georges River College Peakhurst Campus. We will keep you informed through the School Bytes app.

### **Inclement Weather**

Upon arriving at school, students are to go to the shelter of the COLA. If the weather is too inclement (including rain, wind, heat, smoke), students will be directed to their classrooms. If the wet weather bell is rung at recess or lunchtime, students will line up to return to their classrooms. For safety reasons, students are encouraged to bring raincoats instead of umbrellas.

#### Lost Property

All belongings, including clothing need to be clearly marked with the child's full name. Such items include jackets, caps, wet weather clothing including rain coats, shoes (on the inside), paint shirts, pencil cases, textas, lunch boxes, drink bottles, school bags and library bags. On the inside of your child's school bag please clearly mark your child's full name and a contact number, as well as our school name.

All lost clothing and items are collected and stored in the yellow cupboard near the Uniform Shop. Parents are welcome to look for their children's property before and after school.

All containers left in the lost property over the holidays are thrown out for health and safety reasons.

## Lunch Boxes/Drink Bottles

Please label with your child's name. Students place lunch boxes and drink bottles in their classroom tubs in a designated area after finishing lunch. These items are collected after recess and lunch.

## Mobile Phones & Electronic Devices

It is the Department Policy that no mobile phones are to be used during school time. Any students who need to bring a mobile phone to school should report to the office in the morning.

Mobile phones will be held by the office for the duration of the school day and are to be collected from the front office after the completion of the day.

## Sickness & Accident



# Peakhurst South Public School





# **Student Wellbeing**

At Peakhurst South Public School (is a 'Be You' school) we focus on teaching the 'whole child.' This means we focus on teaching academics, social and emotional wellbeing, physical education and the spiritual self.

This encompasses the Department of Education's Wellbeing Framework that was introduced into all department schools in 2016.

The ('Be You') framework includes four domains that Peakhurst South Public School encompasses in our everyday life: building and maintaining a positive school community, social and emotional learning for students, working with parents and carers and helping children with mental health difficulties.

We teach our students the skills to manage themselves effectively. We want to give our students the skills required to live a full and productive life beyond the classroom.

### School Counsellor

Peakhurst South Public School has a Counsellor who provides services within the school. The Counsellor is present at the school 1-2 days each week during the term.

Students may be referred to the counsellor either by the class teacher or parents.

If you need to discuss any concerns with the Counsellor, please contact your child's class teacher who can arrange a referral to the Counsellor through the Learning and Support Team.

## Wellbeing Officer

Peakhurst South Public School has had a Wellbeing Officer since 2018. The Wellbeing Officer is available to meet with students, and other members of the school community, to provide support and guidance regarding relationships, life choices, values and spiritual matters, following written permission from a parent or guardian.

The Wellbeing Officer runs social skills groups to assist with improving playground interactions and equipping students to cope with difficult friendship situations. This is done in conjunction with the Learning and Support Team.

#### Behaviour

We believe that every student should have the opportunity to be engaged and learn to their greatest capability and that all students, teachers and staff are safe and treated with respect whilst at school.

At our school, we use *Positive Behaviour for Learning* (PBL) – a wholeschool approach for creating a positive, safe and supportive school climate where students can learn and develop. Our whole school community works together to establish expected behaviours and teach them to all students.

Our rules are:

- be safe
- be respectful
- be engaged

## Sickness & Accident



# Peakhurst South Public School



# Behaviour (cont'd)

This is taught so that students know what is expected from them in different settings.

When PBL is implemented well, teachers and students have more time to focus on relationships and classroom instruction. Students and staff benefit from:

- increased time focused on instruction
- improved social-emotional wellbeing
- reduced inappropriate behaviour
- positive and respectful relationships among students and staff
- support for teachers to teach, model and respond effectively to student needs
- a predictable learning environment where staff and students know what is expected to deliver effective practices that can be sustained over time

Peakhurst South Public School uses a school-based rewards system to acknowledge and celebrate positive behaviour. There are a variety of opportunities for students to receive these rewards:

- Fast and frequent Koa Awards
- Mini Merits and our Peak Award system

## **Restorative Practice**

Across the school community we utilise Restorative Practice to solve problems or issues. This has further developed our students' level of empathy, understanding and problem solving skills.

The school utilises the Restorative Practice questioning techniques to solve problems or issues. All parents will receive a copy of the question cards that you will be able to utilise at home.

The idea behind the questions is to teach our students to 'open up and talk' about their feelings and thoughts in restoring relationships after an issue has occurred. This makes it easier for all students to move forward after an issue has occurred.

# Restorative Questions I

When things go wrong.

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you need to do to make things right?

## **Restorative Questions II**

When someone has been hurt.

- What did you think when you realised what had happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?



# Student Attendance



Peakhurst South Public School





## No Hat, Stay In The Shade

Peakhurst South Public School has adopted a 'no hat, stay in the shade' policy. All students should wear our school hat outside classrooms to protect them from the sun's harmful rays. It is our aim to do all we can to protect our students from developing skin cancer later in life.

We ask for parental co-operation in ensuring that your children wear their school hat to school each day. It is also an excellent idea for students to wear sunblock to school each day, especially during the summer months.

### Peer Support

The aim of the Peer Support program is to develop leadership skills of the senior students. Students in Year 6 take on the role of group leaders with students in Year 5 being their co-leaders. All the students are placed in groups, with students from K to 6 in each group.

Once a week for up to a term, the groups meet to work on various activities together. Activities aim to develop students' communication, self esteem, healthy life choices, decision-making, social skills and responsibilities.

### **Child Protection**

As part of the Personal Development, Health and Physical Education (PDHPE) curriculum, students in all grades learn about personal safety and help-seeking strategies. Child protection is usually taught in Term 3 each year.

## Menstrual Hygiene Program

The NSW Department of Education supports a menstrual hygiene program in every NSW public school which aims to support students and their wellbeing.

We provide access to free sanitary pads which can be accessed safely and discretely in the separate bathrooms located in the Stage 2 and Stage 3 Blocks.

## Attendance Matters Absences from School

Parents of children from Kindergarten to Year 12 must ensure their children attend school every day. On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral

An SMS will be sent directly to your telephone after midday when you child is absent or late to school without a prior explanation.

Please reply to this SMS with a reason for your child/ren's absence.

Parents must provide an explanation for absences to the school within the 7day timeframe via School Bytes without an explanation the school will record the absence as unjustified on the student's record.

If a child is absent for three or more days a medical certificate is required to be forwarded to the school with the absence via School Bytes.



Peakhurst South Public



## Absences from School (cont'd)

The school should also be contacted prior to planned absences of greater than 10 school days, such as for holidays, to seek the Principal's approval. Please complete the Application for Extended Leave via School Bytes.

If your child is kept at home sick, you can notify the school via the, by phone, by email or in writing.

NSW Department of Education Why attendance matters When your child misses school they miss important opportunities to: **Build skills** Make Learn through fun friends Days missed = years lost A day here and there doesn't seem like much, but... and years over their When your child they miss weeks misses just... per year school life day per fortnight Over  $\overset{\text{day per week}}{\otimes \otimes \odot \odot \odot} = 8 \text{ weeks} = 0 \text{ over } 2.5 \text{ missed}$ 

education.nsw.gov.au

#### Attendance Matters

Regular attendance at school is essential for students to achieve quality life outcomes. Schools, in partnership with parents, are responsible for promoting the regular attendance of students.





Peakhurst

South

Public

School

## Sickness & Accident

#### Good health is vital to school progress

Sick children should be kept at home. If a child becomes sick at school a parent/ carer will be contacted to collect the child. If an infectious condition is notified to the school, parents will be informed so symptoms can be monitored.

#### Medication

The regulations for the administration of medication to a child are set down by the NSW Department of Education. Authority to administer medication must be given by the child's parent and doctor.

Only medication in the original chemist's dispensing container with the child's name on the label and a valid expiry date can be administered. Non-prescription medication, such as Panadol, cannot be administered.

Parents need to ensure that the medication is kept up to date and with correct expiry dates and replace when necessary, eg. Ventolin.

### Accident

If a child is seriously injured at school, parents are notified immediately. If necessary an ambulance may be called which is covered by the Department's insurance and the child transported to hospital. The child would be accompanied by a teacher in the absence of the parent.

#### Immunisation

Immunisation is a safeguard to health and the NSW Department of Education suggests that you contact your doctor concerning protection against measles, diphtheria, whooping cough, poliomyelitis and tetanus. It is now necessary to show proof of immunisation when enrolling in Kindergarten.

If you have reasons for not having your child immunised, you must be aware that your child will be excluded from school if there is an outbreak of any disease for which immunisation is available.

It is probable that at some time during your child's schooling, he or she will contract one or more of the common diseases of childhood listed. It may be useful for you to keep this information for future reference.

#### COVID-19

Students must not come to school if they are unwell. Even with very mild COVID -19 symptoms. Where a student is unwell, staff will refer the student to an appropriate area where they can be isolated and the school will arrange for the parent or carer to take the student home.

#### Symptoms include:

- fever (37.5 degrees Celsius or higher)
- cough
- sore throat
- shortness of breath (difficulty breathing)
- runny nose
- loss of taste
- loss of smell.





# Peakhurst South Public School

## COVID-19 (cont'd)

Other reported symptoms include:

- fatigue
- acute blocked nosed (congestion)
- muscle pain
- joint pain
- headache
- diarrhoea
- nausea/vomiting
- loss of appetite.

Unexplained chest pain and conjunctivitis (eye infection) have also been reported as symptoms of COVID-19.

For more information please go to:

https://www.nsw.gov.au/covid-19/health-and-wellbeing/symptoms-and-testing

### COVID-smart measures in schools

While COVID-19 remains an unpredictable virus, NSW Health advise that it will continue to present a health risk to the community. Accordingly, schools will continue to implement baseline COVID-smart measures to help reduce the risk of transmission for students and staff members. These key COVID-smart measures include:

- staying home and getting tested if unwell, and only attending school when symptom free
- rapid antigen testing for symptomatic students and staff. People exposed to COVID-19 should follow NSW Health guidance and test to identify infection early, even if they are not experiencing any symptoms.
- strongly encouraging COVID-19 vaccinations for students, staff and their families, including a booster shot (when eligible)
- good hygiene practices including regular hand washing with soap and warm water and/or use of hand sanitizer
- maintaining natural ventilation, with consideration of local environmental circumstances





# Peakhurst South Public School

# Infectious diseases of childhood

Chicken Pox Time from exposure to illness 10 to 21 days, usually 14 to 16 days.

#### Symptoms

Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.

**Do I need to keep my child home?** Yes, for 5 days from the onset of the rash and the blisters have dried.

How can I help prevent spread? Immunise your child at 18 months of age. Immunisation is recommended for children at 12 years if they are not immune.

#### Conjunctivitis

**Time from exposure to illness** 1-3 days.

#### Symptoms

The eye feels scratchy, is red and may water. Lids may stick together on waking.

**Do I need to keep my child home?** Yes, while there is discharge from the eye.

How can I help prevent spread? Careful hand washing; avoid sharing towels. Antibiotics may be needed.

#### Gastroenteritis

**Time from exposure to illness** Depends on the cause: several hours to several days.

#### Symptoms

A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.

**Do I need to keep my child home?** Yes, at least for 24 hours after diarrhoea stops.

#### How can I prevent spread?

Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.

#### German Measles (Rubella)

**Time from exposure to illness** 14 to 21 days.

#### Symptoms

Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time. Can cause birth defects if pregnant women are infected.

**Do I need to keep my child home?** Yes, for at least 4 days after the rash appears.

How can I help prevent spread? Immunisation (MMR) at 12 months and 4 years of age.





Glandular Fever Time from exposure to illness 4 to 6 weeks.

**Symptoms** Fever, headache, sore throat, tiredness, swollen nodes.

**Do I need to keep my child home?** No, unless sick.

How can I help prevent spread? Careful hand washing, avoid sharing drinks, food and utensils, and kissing.

Hand, Foot and Mouth Disease Time from exposure to illness 3 to 5 days.

#### Symptoms

Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.

Do I need to keep my child home?<br/>Yes, until the blisters have dried.How can I help prevent spread?

Careful hand washing especially after wiping nose, using the toilet and changing nappies.

#### Head Lice

**Time from infestation to eggs hatching** Usually 7 to 10 days.

#### Symptoms

Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.

**Do I need to keep my child home?** No, as long as head lice management is ongoing.

#### How can I prevent spread?

Family, friends and classroom contacts should be examined and treated if infested. Clothing and bedding should be washed in hot water.

#### Hepatitis A

**Time from exposure to illness** About 4 weeks (can range from 2 to 7 weeks).

#### Symptoms

Often none in small children; sudden fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.

#### Do I need to keep my child home?

Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice.

#### How can I help prevent spread?

Careful hand washing; those that have had close contact with an infected child may need to have an injection of immunoglobulin; immunisation is recommended for some people.





# Peakhurst South Public School

#### Impetigo (school sores) Time from exposure to illness 1 to 3 days.

#### Symptoms

Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.

#### Do I need to keep my child home?

Yes, until antibiotic treatment starts. Sores should be covered with watertight dressings.

How can I prevent spread? Careful hand washing.

#### Influenza

Time from exposure to illness 1 to 3 days.

#### Symptoms

Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.

## Do I need to keep my child home?

Yes, until they look and feel better.

#### How can I prevent spread?

Careful hand washing, especially after coughing, sneezing or wiping your nose. Immunisation, is recommended for children with chronic illnesses.

#### Meningococcal Disease

#### How can I help prevent spread?

Individuals who have had close contact with the infected child should see their doctors urgently if symptoms develop, and may need to have a special antibiotic. Immunisation with Meningococcal C vaccine at 12 months of age.

#### Time from exposure to illness

Usually 3 to 4 days (can range from 2 to 10 days).

#### Symptoms

Sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness or rash.

#### Do I need to keep my child home?

Seek medical attention immediately.

#### Measles

#### Time from exposure to illness

About 10 to 12 days until first symptoms, and 14 days until the rash develops.

#### Symptoms

Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.

**Do I need to keep my child home?** Yes, for at least 4 days after the rash appears.





#### Measles (cont'd)

## How can I prevent spread?

Immunisation (MMR) at 12 months and 4 years. School attendees who are not immune may be excluded for 14 days after onset in the last case at the facility.

#### Molluscum Contagiosum

**Time from exposure to illness** 7 days to 6 months.

#### Symptoms

Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. Lumps in children are mostly on the face, trunk, and upper arms and legs. Symptoms can last 6 months to 2 years without treatment.

**Do I need to keep my child at home?** No.

How can I help prevent spread? Avoid contact sports when a child has uncovered lumps.

# Peakhurst South Public School

#### Mumps

**Time from exposure to illness** Usually 16 to 18 days (can range from 12 to 25 days).

**Symptoms** Fever, swollen and tender glands around the jaw.

**Do I need to keep my child home?** Yes, for 9 days after onset of swelling.

How can I prevent spread? Immunisation (MMR) at 12 months and 4 years of age.

#### Ringworm

**Time from exposure to till illness** Varies (may be several days).

**Symptoms**: Small scaly patch on the skin surrounded by a pink ring.

**Do I need to keep my child home?** Yes, until the day after fungal treatment has begun.

How can I help prevent spread? Careful hand washing.

#### Scabies

**Time from exposure to illness** New infections: 2 to 6 weeks; reinfection: 1 to 4 days.

#### Symptoms

Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.

**Do I need to keep my child home?** Yes, until the day after the treatment has begun.

How can I help prevent spread? Careful hand washing.





Scarlet Fever Time from exposure to illness 1 to 3 days.

#### Symptoms

Sudden onset sore throat, high fever and vomiting, followed by a rash in 12 to 36 hours.

#### Do I need to keep my child home?

Yes, until at least 24 hours of treatment has begun and the child is feeling better.

#### How can I prevent spread?

Careful hand washing. Sick contacts should see their doctor.

#### Slapped Cheek

**Time from exposure to illness** 1 to 2 weeks.

#### Symptoms

Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose. Can cause foetal disease in pregnant women if they have not been previously infected.

#### **Do I need to keep my child home?** No as it is most infectious before the rash appears.

**How can I prevent spread?** Careful hand washing; avoid sharing drinks.

#### Whooping Cough

**Time from exposure to illness** Usually 9 to 10 days (can range from 6 to 20 days).

#### Symptoms

Starts with running nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air.

#### Do I need to keep my child home?

Yes, until the first 5 days of a special antibiotic have been taken.

#### How can I help prevent spread?

Immunisation at 2, 4, 6 months and 4 years of age. A particular antibiotic can be given for the patient and those that have been in close contact. The infected child should be excluded from childcare and school until 5 days after treatment begins. Unimmunised childcare attendees may be excluded from childcare unless they take the antibiotics.



## OOSHC



Peakhurst South Public School

# JCS Jubilee Community Services

## **OOSH - Out of School Hours Care**

The OOSH Centre caters for a maximum of 55 children from 5 to 12 years of age. The Centre aims to provide a safe, caring and stimulating environment for the children in care.

Programs are developed monthly by qualified staff, so children can enjoy a wide range of craft, sport and recreation activities.

Children are provided with breakfast and afternoon tea.

Venue	Peakhurst South Public School, Pindari Road
Times	7:00am to 9:00am) and )during school terms 3:20pm to 6:00pm)

FeesBased on a sliding scale depending on family income. Please con-<br/>tact the co-ordinator on 0412 122 832 for further details.

## **OOSH - Vacation Care**

The OOSH Centre also operates a vacation care program along the same lines as the term care and caters for a maximum of 60 children from 5 to 12 years of age.

Venue	Peakhurst South Public School, Pindari Road
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**Times** 7am to 6pm (during school holidays)

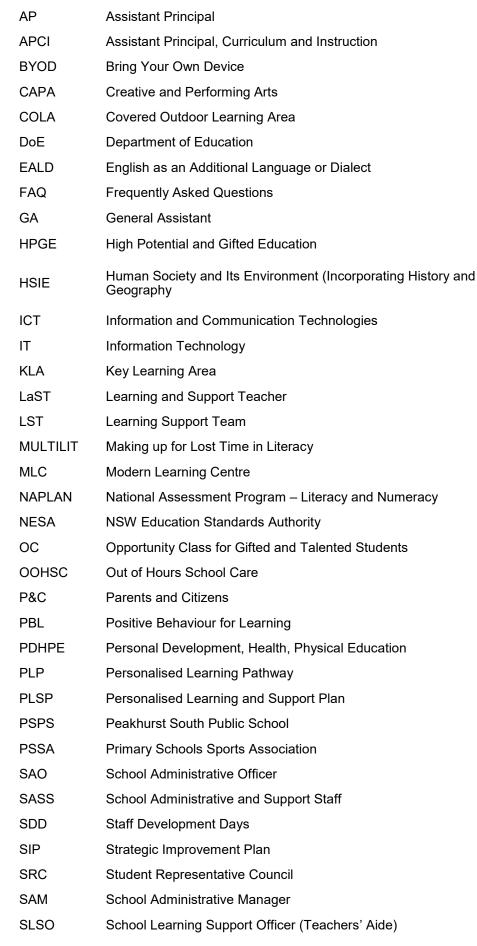
**Enquiries** Based on a sliding scale depending on family income. Please contact the co-ordinator on 0412 122 832 for further details.

#### Glossary

## **Glossary of Acronyms**

ACARA

Peakhurst
South
Public
School



Australian Curriculum, Assessment and Reporting Authority



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